

Patient Contract

Healthy Habits Nutrition Consulting
Robin Staub-Grundstein, RD
240 E. Berkeshire Court
Athens, GA 30606
(706) 546-7136

PLEASE READ CAREFULLY PRIOR TO SIGNING

I understand that Robin Staub-Grundstein, RD is a registered dietitian, not a physician trained to diagnose and treat medical problems. I give permission to Robin to communicate with my physician in order to coordinate nutrition advice with my medical history. I agree to keep Robin informed of any changes in my medical condition.

I also understand that the success I achieve in this program strongly depends on my ability to make permanent changes in my eating and exercise behavior. I agree to follow up for nutrition counseling sessions. I am aware that no claims or warranties regarding the results I should obtain under her direction.

Successful medical nutrition therapy involves behavior change. This change requires that I keep my scheduled appointments. If I miss any sessions without 24 hour prior notice, it will be counted as a completed session and a bill will be sent to me which I agree to pay. No refunds or exchanges will be given at any time.

Robin Grundstein, RD maintains confidentiality of all patient issues. Your signature below indicates your understanding and acceptance of the above policy.

Signature

Date